



# 34<sup>th</sup> International Congress on Physical Education & Sport Science

15<sup>th</sup> - 17<sup>th</sup> May 2026  
Komotini

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## ABSTRACT SUBMISSION

### General Guidelines

The papers must be submitted [online \(Abstract Submission Platform\)](#) to be evaluated by the judges and included in the Congress program.

Papers sent via email or post office will **NOT** be included in the Congress program.

In case that, on the date and time of the thematic section in which a paper is presented based on the schedule, none of the authors of the paper is presented, the abstract will **NOT** be included in the proceedings of the Congress.

Before submitting your abstract, please study carefully its **Writing & Submission Guidelines**:

1. You may, as first author, submit up to two papers.
2. Make sure that the information you fill in both the registration form and the abstract submission is accurate and correct. Pay special attention to the submission of the authors' names and their institutions in English.
3. Make sure to type your email and your phone number correctly, otherwise there will be no means of communication with the Organizing Committee of the Congress.
4. The submission of an abstract is necessary for the presentation of both oral and digital posted announcements (e-posters).
5. Study the Scientific Topics carefully and submit your paper to the one that matches the most.
6. Choose whether your paper will be presented as an oral or digital posted announcement (e-poster), on-site or online. However, it should be noted that the

task judges have the possibility to change a communication from oral to posted (and vice versa) if they deem it appropriate.

The dates of evaluation and correction of your papers are announced on the website of the 34th I.C.P.E.S.S. and via email. In order to be consistent with these dates, please regularly check your emails and the [Congress website](#).

In case that you do not consistently meet any of the deadlines for the submission and correction of your abstract, it will be automatically rejected.

### **Abstract Preparation**

1. The title of the paper should be short and concise but also representative of the study that has been done.
2. It is strongly suggested to have the required data (name, surname, email, affiliation) for all authors of the paper gathered before the initiation of the abstract submission process. Moreover, you are advised to be very careful when entering those data on the platform.
3. The Abstract is a summary of the author(s)' paper and very briefly contains: the introduction, the purpose, the most important characteristics of the research participants, the evaluation instruments/tools, the research design, the results and the conclusions drawn.
4. The Abstract should:
  - be written in English
  - have a maximum length of 350 words
  - be a single paragraph without subsections
  - be written according to the principles of grammar and syntax
5. The Abstract should **NOT** include:
  - Tables, graphs, functions and images
  - Bibliographical references
  - The authors' names, institutions and contact addresses within its text.

### **Instructions for Abstract Online Submission on the Platform**

1. Click [here](#) to create your new account for the Congress.
2. Fill in all your contact details and press "Register", to create your account, so you can start the online submission process. If you do not fill in all the mandatory fields, you will not be able to proceed with the submission of your work.
3. In this step, a confirmation email will be sent to the email address you have provided. Click the link to activate your account.

4. After activating your account, log in to the [Abstract Submission Platform](#) with the username (or email) and password you have provided during your registration.

Subsequently:

- Click the “Add new article” button.
- Select the Language (English) in which you will submit your abstract. Please note that by choosing English your abstract and all the related data must be exclusively submitted in English.
- Select the topic of your abstract from the Scientific Topics drop-down list.
- Enter the Title of your abstract, in capital letters.
- **ONLY** enter the Text of your Abstract, which will be used in the evaluation.

**ATTENTION:** Maximum text size 350 words.

- Fill in the Keywords, separated by commas, without any spaces.
- Select the total number of authors that participate in the abstract
- Fill in all the required fields with each author’s details (Name, Surname, Email).
- Choose each author’s affiliation from the drop-down list. In case that an affiliation does not exist, please choose Other... and carefully type the affiliation, following the format (affiliation, department (if any), city, country), e.g.:

Democritus University of Thrace, D.P.E.S.S., Komotini, Greece

- Number each different affiliation you add with an ascending number. If the same affiliation appears in more than one authors, use the same affiliation number for all of them. For example for an abstract by three authors (two of them having the same affiliation):

1 Democritus University of Thrace, D.P.E.S.S., Komotini, Greece

2 University of Thessaly, D.P.E.S.S., Trikala, Greece

1 Democritus University of Thrace, D.P.E.S.S., Komotini, Greece

- Carefully fill in the name and contact details of the presenter of the abstract.
- Choose the Type of Presentation of your paper (Oral, Mini-Oral, E-poster)

- Choose if your Presentation will be made on-site (live) or remotely during a hybrid session on Microsoft Teams
- State whether you wish to submit a Short paper for your abstract by choosing “YES” or “NO” in the corresponding field.
- In the status field, select Save as Draft to save your progress on the form as a draft or Submit after checking that all fields are properly filled to complete the abstract submission process.
- Click Save to confirm saving as a draft or submitting your abstract (according to your choice on the Status field).

**ATTENTION:** *In case of choosing Save as Draft, the submission of your abstract is not completed and you must come back to the platform anytime before the deadline in order to finalize it.*

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Please check your emails regularly for any updates. Check your Spam folder as well, in case you do not receive any emails from the platform.

**ATTENTION:** *Short papers must be submitted as a document developed according to the **accepted template**. You will be able to attach the file for your short paper after the final approval of your abstract. As soon as you receive an acceptance notification, you will be able to return to the platform to attach your paper until the deadline date, using the account you have already created.*

*For any problem or question, you can always contact the support team at the following email: **article@icpess.gr**.*

Good Luck!

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